

## **About Avanza**

Circa Aug, 2005 : A humble beginning at the inauguration of Indian Association of Geriatric Mental Health (IAGMH) at King George Medical College (KGMC) Lucknow saw the foundation of Avanza Geriacare been established.

Today 4 years later, Avanza geriacare aims to integrate leading Geriatricians with their Geriatric patients & caregivers for more wholistic outcomes. This collaborative initiative was necessitated due to the growing silver haired population estimated to be around 75 million by 2011. Avanza Geriacare endeavor would be to ensure the psychological, emotional & rational needs are met by the elderly population who deservingly needs the best support society & the healthcare industry can offer

This initiative offers tips for the elderly & their caregivers to have a ready reckoner on the most commonly prescribed medications. It also offers daily tips for a healthy living, nearest assistance from leading geriatricians in India, Important hospitals AND/OR Psychogeriatric clinics specially suited for the treatment of the Geriatric population.

This small initiative would definitely go a long way in improving the Quality of Life of the elderly & alleviating caregiver stress that is much needed for an integral wellbeing.

## **Front page**

3<sup>rd</sup>. May'09 at Residency Hotel Mumbai saw the leading Geriatricians from ALL India converge to the consensus on the growing need of "Establishing Psychogeriatric Clinics" in India. It was the first time in the country that the need for establishing Psychogeriatric Clinics to take care of the rising silver haired population was addressed

This website is intended to bring a wholistic approach in the treatment of Geriatric disorders that would encompass the Geriatrician, geriatric patient & their caregivers that would definitely go a long way in improving the Quality of Life of the elderly & alleviating caregiver stress that is much needed for an integral wellbeing.

The objective of this website is to promote the necessary skills for "Establishing Geriatric clinics" & provide an interface between the healthcare providers & seekers so for a better "Mental Health Status for ALL"